

PERSONAL, SOCIAL, HEALTH AND CITIZENSHIP EDUCATION POLICY

Why do we have this policy?

The Personal, Social, Health and Citizenship Education (PSHCE) curriculum is delivered across the school as an entitlement, and includes the elements of Citizenship and Relationships and Sex Education (RSE) that are statutory requirements for all pupils. The aim of this curriculum is to equip all pupils with the knowledge and skills to make responsible and well informed decisions about their lives so that they are able to develop with confidence, good health and independence and to remain safe at all times. These skills and values should enable our pupils to make a positive contribution to society as knowledgeable, considerate and responsible British citizens living within a democracy.

Purposes:

- ❖ to cover the statutory requirements for Relationships and Sex education and citizenship to all year groups, alongside covering the non-statutory elements of careers education and guidance, economic wellbeing and personal health and wellbeing education;
- ❖ to provide learning and teaching which is inclusive, personalised and which reflects the needs of all pupils in order to enable them to achieve in their lessons, irrespective of their social background, gender, culture, disability or ability level;
- ❖ to provide pupils with the knowledge and skills needed to make a positive contribution to society as considerate and responsible citizens;
- ❖ to provide pupils with the knowledge and skills to make responsible decisions about their future so that they are able to lead safe, healthy and independent lives;
- ❖ to provide pupils with the knowledge and skills to make well informed decisions about their educational, vocational and training choices in the transition from secondary education to further education, training and employment.

How does the school respond?

PSHCE lessons are delivered by the form teachers in each year group on a weekly basis. The curriculum is divided into the following six areas which are delivered across all key stages:

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Relationships and Sex Education (RSE)

- ❖ The aim of this topic is to teach pupils about physical, moral and emotional development and about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. They will also be taught about sex, sexuality and sexual health and know how to identify and access appropriate help and support. There are three main elements within this topic:
 - Attitude and values
 - Personal and social skills
 - Knowledge and understanding.

Economic Wellbeing

- ❖ The aim of this topic is to teach pupils about the essential skills and processes for economic wellbeing and financial capability. This will allow them to understand the qualities, attitudes and skills needed to assess and manage financial decisions and recognise the possible risks involved and the consequences of those risks.

Careers Education and Guidance

- ❖ The aim of this topic is to teach pupils to evaluate their own personal strengths, ambitions and areas for development in order to realise how their strengths, interests, skills and qualities can contribute to future employability. They will also develop an understanding of the opportunities available for career progression, including education, training or employment.

Personal Health and Wellbeing

- ❖ The aim of this topic is to teach pupils to recognise that personal wellbeing will help them to embrace change, feel positive about who they are and enjoy healthy, safe, responsible and fulfilled lives. Pupils will develop an understanding of these concepts and learn to appreciate how having a healthy lifestyle can help them make choices that will impact positively upon their physical, mental and emotional health.

Citizenship

- ❖ The aim of this topic is to teach pupils to appreciate how they can play a full and active part in society. They will require the knowledge and understanding of how the United Kingdom is governed, it's political and democratic system and how our society and laws are shaped and enforced. They will be expected to become responsible citizens, make a valuable contribution

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towards society and be able to debate their opinions and accept those of others.

Within the PSHCE curriculum:

- ❖ there are high expectations of pupils in terms of effort and behaviour;
- ❖ lessons are planned and well structured so that pupils know what they are to learn and how it fits in with what they already know;
- ❖ lessons are well paced with a variety of teaching activities which allow pupils to achieve lesson objectives in an interesting and challenging way;
- ❖ the pupils' progress is assessed regularly as part of the lesson and at the end of each topic. Assessment methods include teacher, self and peer assessment so that subsequent lessons can be adapted to the needs of the whole class or to individuals within it;
- ❖ assessment outcomes are shared with pupils with positive feedback to indicate the level that pupils are working at and what they need to do to move to the next level;
- ❖ teachers strive to establish good working relationships with all pupils so that there is a settled and purposeful atmosphere in which pupils enjoy learning.

MONITORING AND EVALUATION

Evaluation and monitoring will take place on a regular basis by the Senior Leadership Team and the PSHCE Coordinator. The curriculum programme will be monitored through consultation with form teachers. Methods used for monitoring and evaluation purposes will include the checking of Schemes of Learning, the marking of pupils' work, SLT work scrutiny and a cross-curriculum audit. Pupil progress in PSHCE will be reported to parents and carers at the end of each academic year.

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