

Department	PSHCE
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Course / Subject Information	The Personal, Social, Health and Citizenship Education (PSHCE) curriculum is delivered across the college as an entitlement, and the curriculum also includes the elements of Citizenship and Relationships and Sex Education (RSE), that are statutory requirements for all pupils, it is taught by the form tutors and each subject is delivered on a rotation basis. The aim of implementing this within our school is to equip all pupils with the knowledge and skills to make responsible and well informed decisions about their lives so that they are able to move forward with confidence, health, and independence and remain safe. These skills and values should enable our pupils to make a positive contribution to society as knowledgeable, considerate and responsible British citizens living within a democracy.
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Course / Subject Structure

Term 1	September to October – Citizenship. October to December – Health & Well-being. Delivered each week in full lesson by form teacher on a rolling programme (Tuesday, Wednesday and Thursday) also supported by outside speakers, presentations and workshops.
Term 2	January to February – Careers Guidance February to April – Financial Well-being. Delivered each week in full lesson by form teacher on a rolling programme (Tuesday, Wednesday and Thursday) also supported by outside speakers, presentations and workshops.
Term 3	Relationships and Sex Education (RSE). Delivered each week in full lesson by form teacher on a rolling programme (Tuesday, Wednesday and Thursday) also supported by outside speakers, presentations and workshops.

Recommended texts or websites to support home learning	http://www.bullying.co.uk/ http://www.dfes.gov.uk/bullying/parentsandindex.shtml http://www.kidscape.org.uk/ http://www.eatwell.gov.uk/healthydiet/ www.letstravelwise.org/cycling http://www.letsgetcooking.org.uk/ http://www.cancerresearchuk.org/ http://www.raisingkids.co.uk/homepages/homepage_default.asp http://www.practicalparent.org.uk/ http://www.youngminds.org.uk/ www.stopsmoking.org.uk
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Specialist equipment or materials required	Presentation and workshops provided as appropriate to all pupils.
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